

## Wellington Quadrangular Tournament Divisions and Rules 2012

### I. Tournament Age Groups, Belt Divisions and Weight Divisions

**Age Groups:** (age as at date of tournament)

- Kids..... 7 years to 15 years
- Adults..... 16 years and over

**Belt Divisions for collegiate and adults:**

- White & advanced white belts..... 10th kyu and 9th kyu
- Blue & advanced blue belts..... 8th kyu and 7th kyu
- Yellow & advanced yellow belts..... 6th kyu and 5th kyu
- Green & advanced green belts..... 4th kyu and 3rd kyu
- Brown & advanced brown belts..... 2nd kyu and 1st kyu
- Black Belt Division..... 1st, 2nd and 3rd Dans
- Masters Division..... 4th Dans and above

**Weight Divisions:** (*for Points and Semi-Contact Sparring Events*)

#### **Female**

- Lightweight under 61kg
- Middleweight 61kg to 69kg
- Heavyweight over 69kg

#### **Male**

- Lightweight under 71kg
- Middleweight 71kg to 79kg
- Heavyweight over 79kg

### II. Tournament Events

**Kata Events Event Open to:**

**Individual Kata** - All age and belt divisions.

- Kata to be performed must be from the syllabus of your current grade. (eg yellow belts are not allowed to perform Taikyoku katas or Pinan 1 - i.e. Blue or White belts kata)

**Team Kata** - All age and belt divisions

- Each Team must have a Team Name
  - Specify Team Name on Registration Form
  - Each team to be made up of 3 members from any belt division but the kata must be chosen from the lowest grade member's syllabus katas
- No un-synchronized moves in the kata allowed

**Weapons Kata** - Black Belts only. Weapons can be Bo (for all Black Belts) or Sai (Sandans and above only)

### **Age Divisions for Kids**

- 7 - 9 years old
- 10 - 11 years old
- 12 - 13 years old
- 14 - 15 years old

*Some age divisions may be combined, depending on entries*

### **Sparring Events Event Open to:**

- **Points Sparring** Kids and Adults **of green belts and above grades.**

Light to moderate contact to permitted targets for Adult division but no contact allowed for Youth divisions. There will be separate Male and Female divisions.

- **Semi-Contact Sparring** Adults green belts and above only. Moderate to semi-hard contact to permitted target areas (as in normal dojo sparring).

There will be separate Male and Female divisions and there will be separate divisions for kyu grades and black belts.

### **III. Single Tournament Fee**

There's a single tournament fee of **\$35 for each participant**. This allows each participant into as many events as s/he is eligible to enter.

#### **Cut-off date:**

All competitors must complete, sign and return their Tournament Registration Forms with accompanying payment(s) attached by **Friday 20th April 2012**. Payment by Internet banking is also available.

#### **Refund Policy:**

A 100% refund of the tournament fee will be made for any cancellation received before the cut-off date.

Cancellations made on or after the cut-off date but before tournament date will incur a 50% only refund.

For cancellations made on the tournament weekend, there will be no refund.

### **IV. Tournament Event Rules**

#### **Kata Events**

\* Katas to be performed in all the rounds will be a choice from their respective grades' syllabus kata:

\* Open to all age and belt divisions

#### **Individual Kata**

\* Two competitors from each belt/age division will play each other off until the final place-getters (1st, 2nd and 3rd) are determined.

\* All competitors from the green belts and above divisions are not allowed to repeat the same kata consecutively. For example, if you perform Pinan 4 in the first round and you win

that round, you cannot perform Pinan 4 again in the second round but you can in the third round if you win the second round as well.

Competitors from Advanced Yellow belt division and below are allowed to repeat the same kata in all their rounds.

### **Team Kata**

- \* Each team will consist of 3 people - either of the same grade or different grades.
- \* If the team is made up of different grades, then the kata must be chosen from the lowest grade's syllabus kata
- \* A team may perform the same or different kata throughout their rounds.
- \* **No un-synchronized moves are allowed in a team kata competition.**

### **Kata Judging Panel**

A 3-person Kata judging panel comprised one senior instructor from each dojo will determine the winner out of two competitors per round for each belt or age division.

Judges will be looking for:

- \* Focus \* Spirit \* Technical Execution \* Expression / Rhythm /Tempo

### **Weapons Kata**

- \* Open to Black Belts only
- \* Weapons can be Bo (for all black belts) or Sai (for Sandans and above)
- \* Competitors in the Masters Division are not allowed to repeat the same weapon kata in two consecutive rounds.
- \* The judging of weapons kata events will be done like individual kata events where a play-off between two competitors will be held until the final place-getters (1st, 2nd and 3rd) are determined.

### **Sparring Events**

#### **General Sparring Rules**

- \* No direct punching or striking with hands, forearms or elbows to any area of head, groin or back
- \* No direct kicking to groin or back
- \* No direct kicking to thighs, knees or calves
- \* No foot sweeping or throwing (unless followed by a legal scoring technique)
- \* No biting or scratching
- \* No excessive holding or grabbing (Must release within 3 seconds)
- \* No bag gloves allowed. Sparring gloves must enclose the fingers and should have at least 20mm of Padding

#### **General Safety Rules**

- \* All participants must wear mouth guards, sparring gloves and foot pads. Head protector gear is required for all participants under 16 years old but optional for all other ages
- \* All female participants must wear chest protective gear
- \* All male participants must wear groin guards.

#### **Ring Referee and Judges**

- \* A ring referee and 4 ring judges will preside over all sparring events

- \* The ring referee is responsible for controlling the behavior and the sparring activities of the ring.
- \* The ring referee is responsible for the pausing of sparring activities to formally award points to participants for each scoring technique for Point Sparring events.
- \* The ring referee has the sole authority to disqualify a participant for unacceptable behavior or dangerous execution of techniques
- \* The ring referee and corner judges are responsible for awarding points for techniques that they deem to be scoring techniques for Point Sparring events. They are also responsible for the selection of the winning participants for semi-contact sparring events.

### **Points Sparring**

- \* For Points Sparring events, scoring techniques are those techniques which have been deemed to have been executed cleanly and to have made effective light to moderate contact with the target area
- \* Open to Kids and Adults of green belt grade and above
- \* Separate Male and Female divisions
- \* One 2 minute round except where one competitor reaches an 8-points lead at which point the fight will be stopped.
- \* For Kid competitors, no contact is allowed to any part of the body. For Adult competitors, light to moderate contact to the body is allowed and a light controlled contact to the head.
- \* Cumulative points system where a participant with most points at end of round is declared the winner
- \* The points scored will be awarded as follows:
  - **ippon** (one point) for chudan zuki, jodan zuki / haito
  - **nihon** (two points) for any chudan kicks (mae, mawashi, kake or yoko geri's), or if an opponent is unbalanced (but not thrown) by a sweep followed by a chudan or jodan zuki
  - **sanbon** (three points) for any jodan kicks or throwing/leg-sweeps followed by a scoring technique while opponent is on the ground
- \* In the situation where both participants have accumulated the same total points at the end of the round, a further 1 minute round will be initiated and the participant with the first point to score (within this 1minute period) will be declared the winner.
- \* In the situation where both participants don't score during the 1 minute round, then the participant with less penalty points will be declared the winner. If no penalty points have been given then the ring referee and judges will vote for the winner based on technical execution and control of techniques during the rounds.

### **Semi-Contact Sparring**

- \* Open to Adult of green belt grade and above only.
- \* There will be separate Male and Female divisions.
- \* There will be separate kyu grade and black belt divisions.
- \* One 3-minute round
- \* Controlled semi-contact is allowed (as in normal dojo sparring rules)
- \* The winning participant will be decided by the corner judges and ring referee based upon a technical knockout, incapacitation due to injury to a participant or the demonstration of better techniques, technical effectiveness and fighting spirit. However the safety of each participant is paramount throughout the match.

\* In the event of a draw situation being awarded by the corner judges, an extra 1 minute round will be fought by the competitors.

\* In the event of a second draw situation the ring referee (assisted by the four corner judges) will cast a deciding vote to one competitor and declare that competitor the winner

**Randori (Tag) - for Youth only and open for Advanced Yellows and below.**

\* This is an “introductory sparring” event for the Kids division whereby you score a point by tagging your opponent’s shoulder or knee. You win the match by accumulating more points than your opponent within the two-minute round. If there’s a tie within this two-minute round, then there will be an extension of 1 minute whereby the first person to score a point within the one-minute extension wins that round.

**Sumo Wrestling - for Kids only**

\* This is a fun wrestling event whereby each person tries to push his/her opponent outside a certain defined boundary/ring. **No grabbing is allowed in this event.**

The points are awarded as follows:

- 2 points if you drop your opponent on his/her knee or back inside the boundary/ring
- 3 points if you push your opponent outside the boundary/ring.

The first person to accumulate 6 points in their round, wins

\* There will be separate divisions for boys and girls by age groups